Adrenal Support

Primary Care Nutritional Support for:
Stress-Induced Mental Fatigue
Tension and Anxiety
Diminished Energy

Factors Affecting the Adrenals
- Financial Pressures
- Death of a Loved One
- Unwanted Unemployment
- Marital Stress
- Psychological Stress
- Emotional Stress
- Negative Attitudes
- Fear
- Allergies
- Infections: Acute & Chronic
- Prescription Drugs
- Wound Healing
- Smoking
- Lack of Sleep
- Overexertion
- Lack of Relaxation
- Lack of or Excessive Exercise
- Poor Eating Habits
- Toxins
- Lack of Nutritious Food
- Caffeine
- Highly Processed Foods
- Sugar

Patient One™ MediNutritionals

877.723.0777
www.patientoneformulas.com

Adrenal D-Stress

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Feeling “Stressed Out?”

Deadlines, worries, pressures and demands — daily life can be filled with so many stressors, the “fight or flight” response can be overwhelming. When the body is consistently functioning in this emergency mode, health and vitality may pay the price.

Stress may be compounded by poor diet and unhealthy lifestyle habits along with environmental factors.

Stress disrupts the endocrine system’s hormone production, especially that of the adrenal glands, which affects multiple body systems. With cortisol and adrenaline hormone production misfiring due to unhealthy stress responses, “adrenal fatigue” may set in — unleashing a range of all-too-familiar symptoms, from brain fog and stress-induced overeating to poor sleep and low energy.
Adrenal D-Stress May Help

**Patient One Adrenal D-Stress** is an herbal blend combined with a range of nutrients that are depleted by stress, along with restorative DHEA and pregnenolone hormones. It is formulated to optimize hormonal balance, modulate cortisol (a hormone produced in the adrenal glands that is released in response to stress), and restore glandular performance diminished by overuse of stimulants and adrenal insufficiency.
Patient One Adrenal D-Stress is designed to assist with the signs and symptoms of occasional stress, including mental fatigue, tension, low sex drive, low energy, mood problems and weight management issues related to stress-induced overeating.

Uniting today’s most effective natural compounds for supporting adrenal performance, including potent formulations of Ayurvedic and Traditional Chinese wellness herbs, Adrenal D-Stress supplies:

**Sensoril®**

A patented extract of Ashwagandha (*Withania somnifera*), Sensoril is a time-honored adaptogenic herb with a long history of use in Ayurvedic wellness traditions. Sensoril’s Ashwagandha bioactive compounds mimic the body’s own stress-reducing hormones. Human studies suggest Sensoril may dispel everyday fatigue, tension and exhaustion while promoting sustained physical energy and peak mental clarity and alertness.

![Change in Energy in People Receiving Sensoril® Compared to a Placebo](image)


**Relora®**

Relora is a patented blend of all-natural actives from two Traditional Chinese wellness herbs with a long history of use: *Magnolia officinalis* bark extract and *Phellodendron amurense* (magnolia/phellodendron) bark extract. These natural compounds are believed to help quiet the part of the brain that
Adrenal production of the hormone Dehydroepiandrosterone (DHEA) starts to decline around age 30. Restoring DHEA levels may help promote healthy hormone balance and reverse adrenal insufficiency, supporting health and function of adrenal glands while optimizing energy production. A key parent hormone, DHEA has been associated with increased androgen and estrogen levels. DHEA is believed to reinforce healthy stress responses and optimize immune system function. In addition to supporting the health of the adrenal glands and optimizing hormone balance, DHEA has been linked with bright mood, mental sharpness and weight management—benefits that suggest promise for multiple aspects of adrenal fatigue.

It has been estimated that 75-90% of all physician office visits can be traced back to stress-related problems, whether acute or ongoing.

Do you feel stress may be diminishing your vitality or creating a state of ill-health? Talk to your health care practitioner about the role stress plays in your health. Ask about how Patient One Adrenal D-Stress may help support your body’s adrenal wellness and shield you against the negative effects of stress.
It’s in the very name of Patient One: patients come first.

Our patient-centric approach starts with quality ingredient sourcing and cutting-edge product development, and continues through superior manufacturing and stringent quality control procedures. Everything we do is designed to help you achieve better health.

Patient One’s premier line of MediNutritional products is available exclusively through health care practitioners. Your physician has selected Patient One™ MediNutritionals, knowing that nutritional supplement quality and effectiveness can vary greatly from brand to brand. With Patient One, you have access to an advanced, science-based supplement brand backed by 25 years’ experience in formulating and manufacturing.

Our formulas, developed by nutritionists and scientists, take advantage of today’s leading branded and heavily researched ingredients. Our products are designed to supply ideal dosages of each active ingredient, mirroring levels used in positive clinical research studies. What’s more, we select the delivery form for optimal absorption to promote maximum nutritional benefits.

Patient One is proud to be your trusted source for superior-quality nutritional supplements.

To order this and other Patient One supplements, contact your health care professional below, or call toll free 877.723.0777 or visit our web site: www.patientoneformulas.com.