Digestive Support

Is Poor Digestion Affecting Your Overall Well-Being?

It's in the very name of Patient One:

Our patient-centric approach starts with quality ingredient sourcing and cutting-edge product development, and continues through superior manufacturing and stringent quality control procedures. Everything we do is designed to help you achieve better health.

Patient One’s premier line of MediNutritional products is physician selected Patient One™ MediNutritionals, knowing that nutritional supplement quality and effectiveness can vary to an advanced, science-based supplement brand backed by 25 years of research.

Our formulas, developed by nutritionists and scientists, take advantage of today’s leading branded and heavily researched each active ingredient, mirroring levels used in positive clinical studies.

Patient One is proud to be your trusted source for superior-quality products.

To order this and other Patient One supplements, contact your health care professional below, or call toll free 877.723.0777 or visit our web site: www.patientoneformulas.com

The statements in this document have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

GI-One™

Primary Care Nutritional Support for:
GI Tract Health
Digestive Comfort
Nutrient Absorption

GI DISTRESS
Highly processed food
Eating too quickly
Overly cooked food
Overeating
Antibiotics
Stress
Constipation
Weight fluctuations
Food allergies/sensitivities
Indigestion
Nausea
Acid Reflux
Bloating
Excess gas
Cramping
Diarrhea

Poor digestion and gastric distress are not only quality of life issues but are increasingly responsible for the widespread prevalence of gastrointestinal distress and poor digestive health:

- Overly processed food loaded with additives and overcooked or microwaved foods lack the natural enzymes that are needed in the digestive process.
- Persistent use of antibiotics kills “good” bacteria in the gut which leads to an imbalance of intestinal flora.
- Overeating puts extra stress on the GI tract, forcing it to work harder to produce sufficient digestive enzymes.
- Stress and anxiety can stimulate colon spasms in people with sensitive bowels.
Is Poor Digestion Affecting Your Overall Well-Being?

Poor digestion and gastric distress are not only quality of life issues, they are significant health problems that can diminish your overall vitality. While genetics are partially to blame, many experts believe that lifestyle choices and the “SAD” (Standard American Diet) are increasingly responsible for the widespread prevalence of gastrointestinal distress and poor digestive health:

- Overly processed food loaded with additives and overcooked or microwaved foods lack the natural enzymes that are needed in the digestive process.
- Persistent use of antibiotics kills “good” bacteria in the gut which leads to an imbalance of intestinal flora.
- Overeating puts extra stress on the GI tract, forcing it to work harder to produce sufficient digestive enzymes.
- Stress and anxiety can stimulate colon spasms in people with sensitive bowels.
Having too little stomach acid can cause GI distress.

This condition, which can result from poor diet and eating habits, lowers the efficiency of digestion in the stomach and can lead to malabsorption and various digestive complaints.

Digestive discomfort is just the beginning. When digestion is unhealthy, the body cannot metabolize foods properly. That means life-enhancing nutrients may be poorly absorbed, which negatively impacts overall wellness. Without sufficient intestinal flora, digestion suffers and the immune system cannot function at full strength. Further, without live digestive enzymes, energy cannot be liberated from foods — leading to feelings of low energy and dwindling vitality.

**Optimizing digestive health may be the single most important step you can take to support your overall vitality.**

When digestion is efficient and healthy, nutrients are easily liberated and absorbed. When the GI tract is functioning properly, immune system performance is robust and healthy. Finally, healthy digestion simply makes you feel good, inside and out — supporting comfort, freedom and peak quality of life every day.
GI-One: For a Healthier You

Patient One GI-One™ is a science-backed, MediNutritional supplement featuring today’s most advanced nutrients for promoting multiple aspects of gastrointestinal health. Designed to support ideal GI function, promote soothing digestive comfort, enhance nutrient absorption, as well as provide food allergy support and robust immune support, the formula supplies:

DIGESTIVE ENZYME COMPLEX

GI-One’s broad-spectrum digestive enzyme complex — including amylase, cellulase, lipase, lactase, pancreatin, protease, bromelain (from pineapple) and papain (from papaya) — catalyzes breakdown of fats, carbohydrates and proteins. These enzymes free energy and health-enhancing nutrients from the foods we eat.

In addition, enzymes promote overall digestive comfort, helping relieve gas and bloating as well as other symptoms associated with gastrointestinal distress. GI-One’s lactase enzyme is included in this formula to help those with lactose intolerance to enjoy dairy products without indigestion.

BETAINE HCL

Betaine HCL is a digestive aid comprised of beet-derived betaine bound to hydrochloric acid, which is the gastric substance that breaks down food in the stomach. Betaine HCL lowers stomach pH, creating a favorable environment for digestive enzymes to begin food metabolism and promote ideal nutrient absorption.

Supplementation with Betaine HCL may be beneficial to those who have difficulty producing enough stomach acid on their own.
GI-One: For a Healthier You

Patient One GI-One™ is a science-backed, MediNutritional supplement featuring today's most advanced nutrients for to support ideal GI function, promote soothing digestive comfort, enhance nutrient absorption, as well as provide food allergy support and robust immune support, the formula supplies:

DIGESTIVE ENZYME COMPLEX
GI-One’s broad-spectrum digestive enzyme complex — including amylase, cellulase, lipase, lactase, pancreatin, protease, bromelain (from pineapple) and papain (from papaya) — are enzymes free energy and health-enhancing nutrients. In addition, enzymes promote overall digestive comfort, helping relieve gas and bloating as well as other symptoms. 

BETAINE HCL
Betaine HCL is a digestive aid comprised of beet-derived betaine bound to hydrochloric acid, which is the gastric HCL lowers stomach pH, creating a favorable environment for digestive enzymes to begin food metabolism and promote ideal.

LACTOSPORE®
GI-One’s Lactospore® supplies Lactobacillus sporogenes probiotics that promote a balanced internal environment associated with regularity, digestive comfort, healthy intestinal function and immune system performance. Naturally microencapsulated for stability, Lactobacillus sporogenes proliferates extensively in the intestines into thriving friendly flora colonies. GI-One’s probiotic Lactospore is a helpful adjunctive therapy for anyone who is taking antibiotic or immunosuppressive drugs that are known to destroy “good” bacteria. 

QUERCETIN
Quercetin has been shown to possess inflammation-modulating properties that may be beneficial for those with mild food sensitivities. Research also suggests that quercetin might assist with the management of peptic ulcers and their associated H. Pylori bacteria by promoting gastroprotective mucus secretion.

Digestive complaints account for over 104 million physician visits annually. Ask your healthcare professional about how Patient One GI-One may help you to unleash the revitalizing energy and well being that is synonymous with good digestive health.
It’s in the very name of Patient One: patients come first.

*Our patient-centric approach starts with quality ingredient sourcing and cutting-edge product development, and continues through superior manufacturing and stringent quality control procedures. Everything we do is designed to help you achieve better health.*

Patient One’s premier line of MediNutritional products is available exclusively through health care practitioners. Your physician has selected Patient One™ MediNutritionals, knowing that nutritional supplement quality and effectiveness can vary greatly from brand to brand. With Patient One, you have access to an advanced, science-based supplement brand backed by 25 years’ experience in formulating and manufacturing.

Our formulas, developed by nutritionists and scientists, take advantage of today’s leading branded and heavily researched ingredients. Our products are designed to supply ideal dosages of each active ingredient, mirroring levels used in positive clinical research studies. What’s more, we select the delivery form for optimal absorption to promote maximum nutritional benefits.

**Patient One** is proud to be your trusted source for superior-quality nutritional supplements.

To order this and other Patient One supplements, contact your health care professional below, or call toll free 877.723.0777 or visit our web site: www.patientoneformulas.com.

---

The statements in this document have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.