Cognitive Support

Primary Care Nutritional Support for:

Brain Health
Cognitive Performance
Sharp Memory

NeuroOne™
Peak Cognitive Performance Formula™

Dietary Supplement
60 Vegetarian Capsules
Gluten Free
For A Sharper You

Patient One NeuroOne™ supplies advanced medinutritional support for focus, memory and mood. NeuroOne activates serotonin (5HT-1a) receptors, promotes healthy cerebral blood flow, supports neurotransmitter production, provides antioxidant protection against brain oxidative stress, and supplies vital building-block nutrition for neurogenesis—the creation of new brain cells. NeuroOne is an ideal formula for optimizing cognitive function, promoting bright mood and addressing mild memory problems associated with aging.

NeuroOne™ Patient Benefits

- Healthy focus, memory, clarity and mood
- Promotes neurogenesis and brain energy
- Optimizes neurotransmitter production
- Supports healthy cerebral circulation
Why do our brains begin to decline so early in our lives? While genetics are partly to blame, many experts believe that environmental factors are increasingly responsible for inhibiting brain activity:

- **Smoking reduces brainpower** by depleting neuronutrients.
- **Chronic stress**, so ubiquitous in our hectic daily lives, is a massive obstacle to peak cognitive function. Stress shuts down brain cells.
- **Environmental toxins** like pesticides, herbicides, heavy metals, mercury, and other pollutants are all deadly to brain cells.
- **Hypertension, stroke, systemic inflammation, high cholesterol, and diabetes**, all on the rise in America, have been shown to increase risk for age-related cognitive decline.
- **Poor eating habits**, with diets relatively high in saturated fat, trans fat, chemical additives and refined sugar, are linked to sluggish brain function.
- **Overconsumption of alcohol** can lead to cognitive decline.

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Cognitive Decline May Begin Earlier than Most Realize

• **Chronic abuse of synthetic drugs** like cough suppressants, barbiturates, tricyclic antidepressants, and MAO inhibitors are also linked to cognitive decline and dementia symptoms.
• **More sedentary lifestyles** can lead to mental and physical passivity that contribute to cognitive decline.

Bombarded with mind-numbing environmental elements and starved of critical nutrition, the brain can fall into foggy thinking and impaired memory. Aging makes matters worse, as neurons, neurotransmitters, and blood flow to the brain all decrease over time. However, modern research asserts that aerobic exercise, mental challenges, and neuronutrients may help stave off many forms of cognitive decline.

**Neuronutrients can recharge mental performance and help prevent cognitive decline.**

*Patient One NeuroOne* provides a range of neuronutrients designed to achieve a powerful synergy in supporting peak cognitive function:

**Sharp-GPC™ Glycerophosphatidylcholine:**
Highly absorbable, soy-derived Sharp-GPC supplies phosphatidylcholine, a precursor to acetylcholine that optimizes central neurotransmission, promoting clear cognition and sharp memory.

**Sharp-PS® Phosphatidylserine:**
The orthomolecule phosphatidylserine (PS) is a raw material in neurogenesis, the creation of new brain cells. PS promotes brain cellular energy and catalyzes neurotransmitter production, promoting communication between brain cells.
**Bacognize® Bacopa monnieri**

This extract of Bacopa Monnieri has shown potent activity at the site of human serotonin (5HT-1a) receptors and has been shown to promote aspects of cognitive performance, memory and mood.

**Ginkgo Biloba & Vinpocetine**

Both these antioxidant botanicals are vasodilators that improve cerebral blood flow and cerebral oxygenation, supporting healthy brain energy and optimizing delivery of NeuroOne’s neuronutrient complex.

**Botanical Neuro Complex**

With grapeseed, resveratrol, quercetin, ginger, and Perluxan® hops, NeuroOne’s Botanical Neuro Complex supplies dual-action nutritional support for key factors associated with cognitive decline: It modulates brain inflammation and supplies abundant antioxidant activity to neutralize brain oxidative stress.

**Soy Lecithin**

Lecithins are oily substances that occur naturally in plants, such as soybeans. Lecithin provides an excellent source of choline, which is essential to every living cell in the body and is one of the main components of cell membranes, particularly in nervous tissue. Choline is known to be vital for brain health, as an important neurotransmitter for normal brain functioning that is associated with improved memory.

To reach your peak cognitive function, optimize your health across critical lifestyle areas: Mental and Physical Exercise along with Diet and Supplementation. Let Patient One help support your cognitive health with NeuroOne’s brain-boosting nutrients.
It's in the very name of Patient One: patients come first.

Our patient-centric approach starts with quality ingredient sourcing and cutting-edge product development, and continues through superior manufacturing and stringent quality control procedures. Everything we do is designed to help you achieve better health.

Patient One’s premier line of MediNutritional products is available exclusively through health care practitioners. Your physician has selected Patient One™ MediNutritionals, knowing that nutritional supplement quality and effectiveness can vary greatly from brand to brand. With Patient One, you have access to an advanced, science-based supplement brand backed by 25 years’ experience in formulating and manufacturing.

Our formulas, developed by nutritionists and scientists, take advantage of today’s leading branded and heavily researched ingredients. Our products are designed to supply ideal dosages of each active ingredient, mirroring levels used in positive clinical research studies. What’s more, we select the delivery form for optimal absorption to promote maximum nutritional benefits.

Patient One is proud to be your trusted source for superior-quality nutritional supplements.

To order this and other Patient One supplements, contact your health care professional below, or call toll free 877.723.0777 or visit our web site: www.patientoneformulas.com.

The statements in this document have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

NeuroOne is manufactured by MediNutritionals Research LLC, 120 Broadhollow Road, Suite 2, Farmingdale, NY 11735

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